

# RETURN TO PLAY GUIDELINES

Special Olympics Ohio's main objective is for athletes to remain active and return to competition, while maintaining their Health and Safety.

## PHASE

**Special Olympics**  
Ohio



### 1

- **NO** more than **10 people** total at practice
- **NO** competitions permitted-- **PRACTICE ONLY**
- Masks must be worn **AT ALL TIMES** when not actively participating in practice/competition.

- **NO** spectators/parents/caregivers permitted to attend practices.
- Suggested only 1 practice per week per sport.
- Intensity of practices should slowly increase~ Recommended to only have drills and **NO** in-practice scrimmages
- **NO** other in-person gatherings of **10** or more people permitted.

### 2

- **NO** more than **35 people** total at practice
- Teams are permitted to compete against one other organization/team.
- Masks must be worn **AT ALL TIMES** when not actively participating in practice/competition.

- **NO MORE THAN 1** spectators/parents/caregivers permitted to attend practice/competition- **NO OTHER SPECTATORS PERMITTED**
- Practice can return to **FULL INTENSITY**.
- **NO** other in-person gatherings of **35** or more people permitted.

### 3

- **NO** more than **50 people** total at practice
- Teams are permitted to compete against other organization/team.
- Masks must be worn **AT ALL TIMES** when not actively participating in practice/competition.

- **NO MORE THAN 2** spectators/parents/caregivers permitted to attend practice/competition- **NO OTHER SPECTATORS PERMITTED**
- Practice can return to **FULL INTENSITY**.
- **NO** other in-person gatherings of **50** or more people permitted.

### ALL

- Promote personal hygiene practices such as handwashing.
- Enforce the use of masks at all times.
- Symptom Screening before every practice and competition.
- Maintain Social Distancing (6ft) during and outside of practices and competitions .

- **NO** use of locker rooms.
- **NO** group travel or overnight stays
- **NO** sharing of equipment.
- Proper cleaning/disinfecting in between uses/users.

FOR A FULL LIST OF GUIDLINES PLEASE VISIT OUR WEBSITE AT  
[HTTPS://SOOH.ORG/RETURN-TO-PLAY/](https://sooh.org/return-to-play/)